

Virginian-Pilot

Shenandoah cooking adventure

September 4, 2007

HEAD FOR THE MOUNTAINS for a cooking event. Shenandoah National Park Lodging will host culinary workshops - Shenandoah Seasonings - Sept. 9-10 and 23-24. Included are cooking demonstrations with executive chef Terry Sheehan, a meet-the-chefs reception and chef's dinner. The spotlight is on traditional Southern cuisine native to the Shenandoah region, including local wines. On the menu: Virginia ham, pan-roasted crab cakes, corn and wild mushroom hushpuppies, pickled melon salad, warm blackberry turnover and more.

The sessions will be at Skyland Resort on Skyline Drive. Cost is \$449 per couple, including the two-night stay. (800) 778-2872 or www.visitshenandoah.com.